Official Magazine of the Michigan Association of Superintendents & Administrators **Beyond the Classroom** Educating the Whole Child ONASA Michigan Association of Superintendents & Administration

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Official Magazine of the Michigan Association of

Executive Director

Haley Jones

Contributing Editor Peter Spadafore

Creative Director

1001 Centennial Way, Suite 300 Ph. 517.327.5910

Contribute to the LEADER

Do you have news or information to share with members? The LEADER invites you to contribute. Please contact Haley Jones at 517.327.9244

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EXECUTIVE DIRECTOR

Chris Wigent



ducating the "Whole Child" is a concept that has grown exponentially over the past several years and is now at the top of the list for many superintendents, teachers, support staff, parents, and communities. While all of us might have a slightly different definition of what it means to educate the whole child, some consistent areas have to be included when discussing this topic. Recently, The Centers for Disease Control and Prevention partnered with the Association for Supervision and Curriculum Development (ASCD) to develop the Whole School, Whole Community, Whole Child Framework (WSCC). The WSCC model includes 10 areas of focus and practices that, when in place, are likely to improve both academic success and student health.

The areas of focus include:

- Health Education
- Physical Education and Physical Activity
- Nutrition Environment and Services
- Health Services
- Counseling, Psychological, and Social Services
- Social and Emotional Climate
- Physical Environment
- Employee Wellness
- Family Engagement
- Community Involvement

As I was typing out each one of these areas of focus, I could not help but feel overwhelmed – truly overwhelmed. School districts in Michigan continue to have limited financial resources, which also creates limited capacity. At the same time, the "whole child" problems and challenges seem to be growing at a very rapid rate. While I certainly don't have all of the answers, I would encourage you to attend the upcoming MASA Midwinter Conference in Detroit from January 22-24, 2020, where the focus will be "Beyond the Classroom: Educating the Whole Child." As we continue to prepare for the conference, we are working extremely hard to ensure that information is included that encompasses all 10 of these areas of focus. Whether it is learning from outside experts or your peers, we hope that your conference experience will help you feel more equipped to continue to lead this important work in your district effectively.

I want to thank you in advance for your consideration in attending this year's conference. I am very aware of how difficult it can be to be out of the district for up to three days, and how the emails and calls can stack up. In addition, there is the necessary financial investment. However, there are so many positive reasons to attend a state-wide conference, including learning new concepts, networking with your colleagues, and taking a physical (and hopefully mental) break from your district, and so much more. I hope to see you all in Detroit, and I genuinely look forward to continuing to work with you through the remainder of the 2019-20 school year.

Sincerely

Chris Wigent

SCHOOL EXEC CONNECT SELECTED AS SEARCH FIRM FOR MASA EXECUTIVE DIRECTOR SEARCH

perintendents & Administrators the firm. Executive Board is happy to announce that they have engaged the services of School Exec Connect to assist the membership in recruiting the next Executive Director of the

diverse firm comprised of more than 60 people who were leaders in quality school districts throughout the country. They have an unusually high degree of success, which they attribute to the quality of their associates, the excellence of their protocols, and their ability to find the

They define their success by the longevity of the leaders they place, their repeat services to client districts and associations, and the positive and long-lasting relationships they establish with the clients with whom they work. They will understand the association's strengths and needs through conversations, focus groups, and surveys with the members of the Board, staff and the entire constituency. Their recruitment and interview process aligned to this understanding will result in well-vetted, highly selection of a new Executive Director.

Exec Connect will be two experienced senior members, Dr. Kevin O'Mara, who is president

he Michigan Association of Su- of the firm, and Mr. Larry Lobert, a partner in Administration, and a Doctorate in Education-

Dr. O'Mara has been with the firm for seven vears and has performed numerous searches throughout the Midwest. He is the retired Superintendent of Argo Community High School Educational Leadership at Concordia Univer-Founded in 2004, School Exec Connect is a sity Chicago, teaching doctoral students and helping them pursue their principal and superintendent licensure credentials. He knows the orate and let the people around him know that their dedication, knowledge, and input are the key to enriching young lives. He is a father to man resources and labor relations for Grosse best educational leaders who match the needs three wonderful children, and husband to his children and a son of two teachers. He owes Public Schools. his successes to the loving, supportive family he has, as well as to the truly talented people he has worked with during his career as an ed- encourage members to take part in this imucator. He has served in public education for 30 years as a teacher, dean of students, principal, and superintendent. Dr. O'Mara has had to speak to as many as possible to help demany accomplishments: United States State Department Fulbright Foundation candidate necessary for the new Executive Director to be stationed to Argentina; Illinois High School Organization, President; Illinois Association of School Administrators Board of Directors; out at any time with questions or suggestions. qualified candidates from which to make our St. Ignatius College Prep President's Medal Awardee; and Rosary College Graduate of the Conference in Detroit, and MASA Leadership Last Decade (GOLD) Awardee. He has a bach-Working this search on behalf of School elor's degree in Mathematics from Dominican University, a master's degree in Public School

al Leadership, both from Concordia University

Lobert is a former senior associate with ASPEX Solutions in Skokie, Ill., providing webbased technology hiring solutions for schools District and is currently Associate Professor in and governmental institutions; former Vice President of Polaris Education Systems where he assisted in the development of the TeacherFit and JobFit inventories to help school districts identify top candidates within their applikey to great education leadership is to collab- cant pools. He was formerly director of human resources for New Trier High School District 203 (IL), past assistant superintendent for hu-Pointe Public Schools (MI), and past Executive wife of 30 years, Sharon. He is one of eight Director of Human Resources for Farmington

> They are excited to begin this process and portant endeavor. They will be meeting with members throughout this process and hope fine the important attributes and experiences successful. Their contact information is listed below, and they encourage members to reach They will be attending the 2020 Midwinter will be sharing the specific date and time with membership shortly. During this conference, they will be meeting membership to gauge members' thoughts on this important effort.

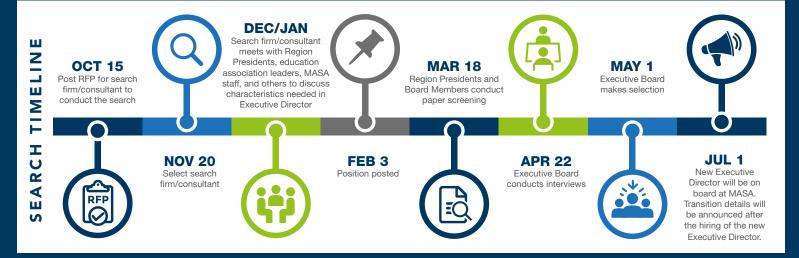
CONTACT INFORMATION



Larry Lobert – (31<u>3)</u> 30<u>3-3727</u> larry.lobert@schoolexecconnect.com



Dr. Kevin O'Mara - (708) 516-0793 kevin.omara@schoolexecconnect.com



BOARD PRESIDENT

Dr. Steven Matthews



began my teaching career in Hale Center, Texas. I was the 6th grade English Language Arts department.

It was a small school.

The Hale Center Independent School District was a small, rural school district in the panhandle of Texas. Our district served primarily two groups of students – those who lived full-time in town, and those from migrant farm worker families. Within my class I would have students whose parents owned the cotton farm sitting next to students whose parents worked the cotton farms.

The farm owner families were, by and large, multi-generational families in the county. Their parents and grandparents and great-grandparents had come to this part of Texas and built a life around the farm that they now owned. Their goal focused on maintaining and improving the farm.

Some of the families that worked the farms were full-time residents of Hale Center. Many of these families had lived their whole lives in town, moving from farm to farm, working hard all year long. These families never earned much money but they had put down roots. Hale Center was their home.

The migrant students would stay for several months in the fall as their families harvested the cotton. These families would then move to south Texas where their families would help with the citrus crops. In the spring, the families would return to Hale Center to help plant the new cotton crop.

My assumption as I started my teaching career was that my job was to teach writing and reading. I thought I didn't need to worry about the students' backgrounds or history or present day experience. My job, I thought naively, was just to teach.

I was wrong.

I quickly learned that the students who came to Hale Center Middle School every day needed me to focus on them. My students needed me to understand them. My students needed me to see, and hear, and listen to them.

I quickly learned that my students had hopes and dreams and fears. My students had things that created stress. My students had ideas about who they wanted to be. Some students were anxious. Some students, even though it would appear they had all that they needed, were nervous about the present and the future.

After I learned about my students, I discovered I could teach them.

In Hale Center, the language about the "whole child" was not yet in the popular culture. But what I learned was that I indeed needed to understand and focus on all the parts of my students, the whole child, before I could effectively teach them and create a class culture that supported them. I needed to help students find food, find safe living conditions, find advocates and allies that would help them. I needed to help them understand that there were people in Hale Center Middle School who would support them and encourage them and make them feel

As we explore how to support our students I am glad that we are embracing the idea that our job is much bigger than just teaching. Our job is about supporting all the parts of our students lives so that they can continue to grow and become who they were meant to be.

Dr. Steven Matthews Superintendent Novi Community School District

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OMASA YEAR IN REVIEW

MASA event registrations processed

professional development opportunities offered

superintendents participated in MASA PD opportunities

educators participated in the **Horizon Leadership Academies**



37 member surveys were completed through MASATalk on various topics



158 members personally contributed to the ORS Lawsuit, totaling \$15,800.



55+ superintendents received new or existing contract reviews



Legal support was provided to several superintendents upon request



women leaders attended the Women in **Leadership Conference** **52**

superintendents attended the New Superintendent's **Leadership Academy**



of 2017-18 Fall and Midwinter Conference attendees stated the events met or exceeded their expectations

SPECIAL INITIATIVES



ORS Lawsuit

MASA filed a lawsuit against the Michigan Office of Retirement Services in the Michigan Court of Claims in January 2019. The case is currently at the Court of Claims level and will be heard by the Judge in the next few months.



Lawsuit on Public Dollars to Non-Public Schools

Our consortium filed a lawsuit against the State regarding spending public dollars on non-public schools. The Michigan State Supreme Court recently made a decision that they will hear the lawsuit and this hearing is expected to take place in 2020.



Launch Michigan

MASA participated in the collective stakeholder group, Launch Michigan, which is working to address important education policy areas. including school funding, educator support, literacy, and accountability.



Educator Shortage Strategic Plan Goal Workgroups

MASA created three workgroups focused on each of the three goals of the ESW Plan. 60+ superintendents and central office administrators volunteered to participate in these workgroups to attempt to mitigate the critical problem of teacher attraction and retention in the state.

UNDER THE DOME

speech from Governor Gretchen Whitmer at the MASA Midwinter Conference

average snow days forgiven by MDE

Legislative Updates during the 2018-19 school year

members participated in the Under the Dome Advocacy event in Lansing

One-on-one meetings with the legislature and MASA Government Relations

TOOLS / DEVELOPMENTS



MASA now offers two

microcredentials: Communications and District Leadership Team. The third microcredential is HR and will be released this Fall.



MASA released the updated version of the Superintendent's Calendar



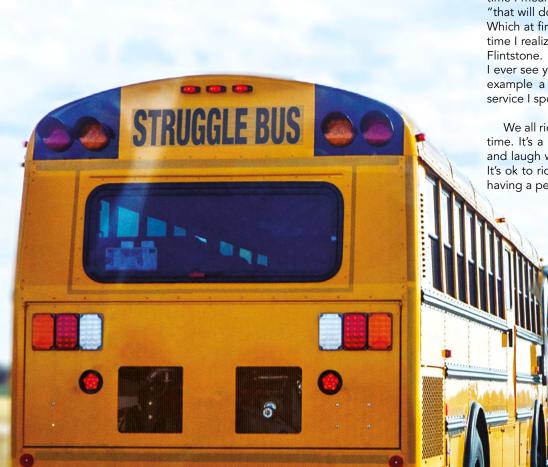
MASA Educator Shortage Workgroup created and released the Strategic Plan which is being implemented in 2019-20

LEADER 8 LEADER

LEAD YOUR DISTRICT'S **EVOLUTION**

EVERYTHING CHANGES. NOT EVERYTHING EVOLVES.

By Judson Laipply



ve got a mission in life to spread a theory far and wide. It's called "The Struggle Bus" theory. It relates to those moments in life when your brain doesn't quite function properly. When you get your wires crossed and hilarity ensues. When you walk into a room, get halfway in, and forget why you entered the room to begin with. Or the time a friend gave me some "AirBorne," the popular immunity-boosting supplement created by a teacher that comes in gummy, effervescent, or chewable tablet, and they said "they're the chewables!" only to learn after I put them in my mouth and started chewing that they were in fact, the effervescent. I wasn't riding "The Struggle Bus" that day, I was chasing it down the road.

Or when you have two phrases stuck in your head, and as you speak instead of using one or the other you mix them together. One time I meant to say either "that'll be good" or "that will do" and instead said "that'll be do!" Which at first doesn't sound too bad, but over time I realized I sounded like a deranged Fred Flintstone. "Yabba dada do! That'll be do!" (If I ever see you in person ask me to tell you the example a teacher shared after a recent inservice I spoke at).

We all ride "The Struggle Bus" from time to time. It's a fun reminder to bring levity to life and laugh with ourselves and with each other. It's ok to ride now and then - just try to avoid having a permanent seat!

When we think about dealing with change and striving to evolve, we worry about it being a struggle. The word struggle carries with it such negative reactions. Most people do all they can to avoid anything they believe will cause a struggle. You rarely find people looking for opportunities to struggle, yet struggle can be valuable. Struggle leads to growth and growth leads to evolution, which at the end of the day is what life is all about - evolving. Striving to become a better version of ourselves, our schools, our communities, and our world.

Evolution is about progress, not perfection. It's about realizing that we need to continually grow, and one of the best ways to do that is to embrace the struggle, to surrender to the fact that life will provide opportunities to struggle and it's those struggles that strengthen. Evolution doesn't happen in the calm of life – it happens in the chaos.

Chaos is defined as an "inherently unpredictable natural complex system." If that's not a perfect description of life, what is? Life is a constant flow of change and unpredictability and our world is no exception. Education is ripe with change. You don't have to look very far to see how change is permeating throughout the world of education. Technology changes, mental health issues, teacher shortages, political shifts, and so many other things are constantly evolving what education means. Chaos indeed.

As leaders, we could use our time to complain about these things or we could use our time to be the leaders our districts need. We don't need people to "manage change" we need people to "lead evolution," leaders who embrace the struggle that exists and strategically look to the future and start working toward that vision. Be that leader. Stop wasting time dwelling on things out of your control and stay focused on helping your district evolve. Will it be easy? Of course not! If fact, it will most likely be a struggle. That's a good thing. Remember? Struggles are what lead to strengths.

"Evolution doesn't happen in the calm of life it happens in the chaos"

mile bike ride, and a 13-mile run. I trained for because it was such a struggle. a long time and it must be mentioned - I am not a good swimmer. The morning of the race word spread around that they were thinking of cancelling the swim portion of the race due to matter what you do. You can try and "manage" an overabundance of jellyfish. This, of course, that change or you can lead your districts evoonly added to my already heighted nerves. Alas, they did not cancel the swim and when It will be a struggle, but that's what makes it my group was up - I jumped in...literally. As I worth doing. Take time throughout the year to swam, at the back of my pack, I was struggling not just with the swim itself but also trying to district to look like and then begin to work on dodge jellyfish! Most tri-athletes swim with their face down in the water turning side to side to breathe occasionally rising up enough to look forward and do what's called "sighting" to make sure you're staying on course. As I was making my way around the course, I would drift off course and come close to the volunteers on jet skis who kept racers on the course. About two-thirds of the way through, I rose out of the water beside a couple of volunteers to try and

What is your proudest accomplishment in get back on the path when a fish jumped out of life outside of family? Maybe you ran a marathe water and smacked me between the eyes. thon, earned a PhD, or wrote a book. Regard- Startled by the random fish in the face, I took in less of what your proudest accomplishment is some seawater and started coughing. The vol-I quarantee is wasn't easy. In fact, I bet it was unteers, doing their best to hide their laughter, a struggle. We're not proud of the things that asked if I needed help. Accepting their help are easy in life. We're proud of the things that would officially mark my race as Did Not Finish (DNF), which I would not let happen. So I trod water for a moment, steadied my breathing, One of my personal proudest accomplish- realigned my goggles as the fish had knocked ments involved getting hit in the face with a them askew, and began to swim again. I finished the swim in last place for my age group, but made up lots of time on the bike and run I was racing in a half Ironman down in Mi- to finish right at my goal time. I was prouder of ami, Fla. A half ironman is a 1.2-mile swim, 56-finishing that swim than finishing the race itself

> Everything changes, but not everything evolves. Your district is going to change no lution. Is it going to be easy? Hopefully not. think about the future and what you want your making that vision come to fruition.

Just look out for flying fish.



ABOUT

Judson Laipply M.Ed. is a keynote speaker, author, and the world's first YouTube Celebrity. He's been seen on the Today Show, Ellen, GMA, Oprah and more. His finale, "The Evolution of Dance" was the first video to ever hit 100 million views and has over 1 billion impressions. He resides in Avon Lake, Ohio where he tries to stay off "The Struggle Bus." Currently booking backto-school events for the start of the 2020/21 school year. Visit www.judsonlaipply.com or email judsonlaipplyoffice@gmail.com for booking information.

FEATURED ARTICLE

Exploring the Impact of Implicit Bias on Teaching and Learning

By Dr. Randy Davis

said, "There is no such thing as tionships; plain and simple. a bad child." As I reflected on this statement some 40 years ago when first joining his agenone of Starr's residential programs during my ing with others. 20 plus years of service to Starr Commonweal th, it wasn't so much about what the child had done to be placed by the courts, as it was as impulses residing under the surface of conabout what life had done to this child that re- scious thought, shaped through our past exsulted in his/her placement. And to be truly periences and learned connections between effective with any child in such a circumstance, ourselves and the external world. Implicit bias positive regard and relationship between me is a reflex; a reaction to a specific circumstance and each child I worked with was the necessary that influences the way we perceive or behave. foundation for any growth and development to Much of our implicit bias is difficult to recog-

ing) as a superintendent of two public school they are also queuing up unconscious thoughts tify the nature of such bias is not as important districts - the lesson I learned early on through and/or feelings that in many ways define, en- as it is to recognize its influence. Consciously Starr still applies today. There is no such thing hance, or limit our interactions with each other. then, we are obliged to intentionally put aside as a bad child. It is more about what life has Implicit bias acts as a filter that limits us from such bias and make ourselves fully available to done to her/him as they struggle to learn and fully experiencing or understanding the mo- the student standing before us. How is it possigrow. As educators, we know that to be an ef- ment, under the guise of self-protection. In ble to set aside our implicit bias as we engage fective teacher we must first establish a con- most cases, it prevents us from being fully en- with our students so we may better facilitate nection and relationship with those we teach. gaged in the joy and spontaneity of what the learning? This happens through personal re-Fostering students to engage in their learning other person has to offer. requires positive regard and a relationship between the teacher and the student. Rita Pierson, in her infamous TED Talk on "Every kid cation relies heavily on the personal engage- should first know thy self. What beliefs and needs a champion," was spot on when she ment between the teacher and the student. To perceptions, deep down in your heart of said, "no child learns from a teacher they do be truly effective in helping others learn, we hearts, surface when you interact with others? not like." I love this statement because it is should be available to interact uncondition. How have your past experiences formed and direct, humbling, and fundamental to teach- ally in a teaching way. We need to recognize shaped these associations? When you begin

o begin this narrative, I would ing and learning. And whether you work in a like to quote a visionary leader non-traditional educational setting like Starr who was in service to young Commonwealth, or a traditional classroom setpeople here in Michigan and ting, the same premise holds true whenever beyond, "Uncle" Floyd Starr. He working with children. It is about positive rela-

So what is it that stands in our way as councy in 1979, I realized Mr. Starr was referring selors, social workers, and yes – educators – to the fundamental value of human life. Every that keeps us from treating all children with person coming into this world has unconditio- positive regard and relationship? Well, it benal value – equal value, as a human being. And gins with implicit bias. This is when our unconwhenever I met a new child being placed in scious prejudices come into play while engag-

> For this article, we will define implicit bias nize and more importantly, to understand. To that we are being influenced by unconscious

The teaching and learning process in edu-

do so requires intentional thought and effort thoughts when implicit bias surfaces while in-Fast forward to my last 17 years (and count- on our part. When two human beings interact, teracting with a student. Whether we can idenflection and self-awareness.

Before an educator teaches others, they

thought, you can intellectually and rationally fessional educators to foster positive engagement around teaching and learning with those we serve – not the student's responsibility. The more positively we engage with our students, attitudes of superiority and power. the more ownership our students take in their efforts to learn. Effectively connecting with our kids makes all the difference in the classroom.

Earth, regardless of social class or skin color, single child we teach deserves the best we of gender or heritage, possesses implicit bias. Implicit bias belongs to no one individual or group. It belongs to us all. Implicit bias is something we all have in the recesses of our

to bring the unconscious into your conscious minds. It is the reality of being human. Too often, if left unchecked, implicit bias becomes is no such thing as a bad child. When you endispel beliefs and perceptions that interfere explicit bias. Explicit bias is a conscious belief counter a troubled child in your classroom or with your ability to connect with every student or attitude that we hold in the judgment of school, and before succumbing to preconyou teach. The responsibility is ours as pro- others and/or the circumstances we encounter. ceived notions you might have, take a pause Such bias is the basis for prejudices that de- and ask yourself, "What has life done to this termine who we judge as worthy, and who we child today?" I will guarantee a better outjudge as unworthy, leading to racist beliefs and come for you and your students.

When we interact with children as educators, we cannot afford to allow our bias to limit and negatively impact our ability to connect Every human being living on the face of this with all students - and all means ALL. Every have to offer them.

Remember the words of Floyd Starr: There



"Every human being living on the face of this earth, regardless of social class

or skin color, of gender or heritage,

possesses implicit bias. "

Dr. Randy Davis Marshall Public Schools

LEADER 12 LEADER 13

How the Monroe County ISD is Addressing **Mental Health for Staff and Students**

By Jean Foster and Andrea Murphy

ental health has become a topic of daily conversation in today's world. This is especially true in the field of education. A growing number of our students are affected by mental health issues, either directly or in their daily environment, which is heavily impacting academic success.

This fall, under the direction of the Monroe County Intermediate School District (MCISD) Superintendent Stephen McNew, Ed. D., and with unanimous support from the MCISD Board of Education, the MCISD formed a Mental Health Services Team. After numerous conversations with local area schools, community partners, and state entities, the MCISD hired three full-time employees funded by a combination of 31N grant funds and MCISD general fund dollars. This was the first step in creating a team dedicated to mental health that will service all local area schools in Monroe County.

at the MCISD main campus and works directly with schools in crises and assists in creating

cols for schools to reference when confronted with a mental health issue and offers extensive professional development and training in the area of mental health to all Monroe County educators.

To help spread the word about this support, the Team works closely with the MCISD Communications Department. The MCISD Communications Department packages the Team's resource materials, promotes its profession- strategies daily. al development and training, and helps The Team communicate with staff, schools, and the community about mental health.

The creation of this Team is directly in line with countywide health goals and initiatives, as well as state initiatives that address the whole not directed solely at academics. The Monroe child. Recent strategies from the Monroe Com- County ISD is dedicated to reaching the whole munity Health Improvement Plan (2019) aim to child, which includes the academic and soincrease mental health awareness for youth and adults, improve access to resources, and decrease the stigma of mental health in our

Further, teachers have repeatedly voiced that they do not feel they have the knowledge they now face in schools. Not only is this detri- health services. mental to our students, but it is causes concern for our teachers' health as well. They are feelon these issues.

To address these concerns, the MCISD Mental Health Services Team offers professional development to our school staff in areas such as trauma. Adverse Childhood Experi-The Team, led by Jean Foster, is housed ences (ACEs), Youth Mental Health First Aid, Psychological First Aid, and more. Additionally, the Team has developed step-by-step flow- dents. proactive approaches that address mental charts for first-line administrators to refer to in a crisis. Plus, the Mental Health Team hosts a Additionally, the Team has created protocies to our school staff so we can break down the barriers between school and community services. Lastly, it is equally important to focus on positive mental health practices that can be given to our school staff regularly to encourage self-care and promote positive life skills in the classroom.

> By doing all of this, we can reduce the stigma of mental health and instead, encourage all people to practice healthy mental health

The mission of MCISD is to prepare today's students for tomorrow's world. This mission is cial-emotional growth of students.

Today, we see a strong need for mental health support in our county schools. We're building a system that takes a more proactive approach to mental health: using a wholechild approach to break down barriers related or skillset to address the mental health issues to awareness and the coordination of mental

Moreover, we're working to prepare our ing burnt out, secondary stress, and perhaps staff and further listen to their needs. Our goal mental health issues of their own due to taking is to build capacity which centers on improving mental health services in the areas of professional development, increasing awareness and prevention services, planning for a crisis, and building relationships with our community agencies. We aim to better align our policies, processes, and practices between education. public health, and school health, and in doing so, improve learning and overall health for stu-

Thanks to the innovative actions of the series of round tables that connect local agen- MCISD's leaders, we're not just talking about mental health; we have a team and a plan to

FOR MORE INFORMATION CONTACT



Jean Foster, Mental Health Crisis Coordinator, Monroe County ISD



Andrea Murphy, Communications Coordinator, Monroe County ISD

Find a copy of the MCISD Mental Health Services Team flow-chart at gomasa.org





CONFERENCE CONNECTIONS

WHYSHOUL EARLY LEARNING MATTER MOST?

Bv Edward Manusak

As district leaders from the state of Michigan gather for the MASA 2020 Midwinter Conference in Detroit, Michigan January 22-24, 2020, there will be so many New Year's resolutions and promises made by each of us. One professional promise you could make is to go beyond your comfort level and engage in early learning. The National Association for the Education of Young Children (NAEYC) defines early childhood education as birth through age eight (Copple & Bredekamp, 2009). As pointed out in (Rogestein, 2019) in a survey several years ago by the National Association of the Elementary School Principals, only 20% of elementary school principals shared that they were confident in their knowledge of children birth through age eight. If this was the statistic for elementary principals, it is safe to assume that this would be a significantly lower number if superintendents were polled. Therefore, as leaders we must begin to see the value in educating the whole child and this means redefining what this looks like in our districts. It means beginning to see what happens before they enter our public schools and school settings (as potentially Head Start or Great Start pre-school students) is simply not enough.

paramount to the success of educating the whole child. Schools are beginning to forge partnerships with early childhood centers, community organizations, and higher education institutions that allow them to be viewed as hubs and not just schools (Jacobson, 2019). Noted Nobel Prize-winning economist James Heckmen has shared, "investment in young children is most likely to be effective if it is made earlier. Birth-to-three services are actually the best opportunity to make a substantial difference (Rogenstein, 2019, p.11). Currently, Dundee Community Schools is attempting to build a strong coalition with the other nine public school districts within Monroe County. located in extreme southeastern Michigan. That is why the Monroe County Superintendents Association is hard at work developing, implementing, and challenging the status quo with its Superintendent's Early Childhood Plan. The association used the Early Learning District Self-Assessment Tool (ELDSAT), a self-reflective assessment resource that is currently being published by the NAEYC and co-branded by the AASA. The resource allows district leaders to affirm programs they are doing and leads to discovering what they need to do to make a larger impact. The ELDSAT scores allow for district leaders who may not have a background in early childhood education to get the "CliffsNotes" version and begin to implement the research-based and best practices known to be effective in educating the whole child within their communities. The Monroe County Superintendents Association is attempting to secure non-public money to hire specialized Family Engagement Coordinators. These individuals would identify children from birth through age three in our various districts and educate their parents using Pre-School U, Detroit Public Television's award-winning program. They would also make home visits using the Ages and Stages Curriculum and coordinate and lead playgroups for families to become connected with their local districts. We know that this is an ambitious program, but one worth pursuing.

Redefining what schools can look like is

As noted, families and their budgets have been stretched beyond what they can afford and that early care and education is in crisis

"We must not allow a child's zip code to define their educational opportunities."

2017). The authors of "From Cradle to Kindergarten A New Plan to Combat Inequality" go on further to state that there is a socioeconomic gap between choosing quality childcare and paying for it by a three to one margin. Meaning that if a family from a low socioeconomic status has to use 21% of a families' income on high-quality child care, those that come from higher socioeconomic status situations pay 7% (Chaundry, et al. 2017 and Burgress, 2018). We recently saw with the federal budget how important this research and these causes are by the way the United States Federal Government increased funding for early childhood by \$1 billion (increases in Head Start and other early childhood education programs). Great things a new poster that had the "Five Keys to Earare already happening in Michigan as well.

A colleague of ours, Mr. Brian Reattoir, Superintendent of Brimley Schools in the Upper Peninsula, is a part of the Eastern Upper Peninsula Intermediate School District and was selected to participate in a special program sponsored by the Federal Office of Head Start, called the Head Start and Public Schools Collaboration Demonstration Project. This project aims to rethink the relationships that school districts have with Head Start Programs. Thirteen districts from across the country were selected to participate in this project. They have been working hard during the 2019-2020 school year to make improvements in transitions for families and students as they leave the comfort and nurturing programs of Head Start and enter our schools. It certainly is easier than one thinks, but this is hard and deliberate work in an attempt to make us rethink how relationships should be established by schools when receiving students and their families in the effort to educate the whole child. Jacobson do the following: "ensure that all children have the opportunities and supports to enable their educational success, eliminate the predictabili-

(Chaundry, Morrissey, Weiland, & Yoshikawa, ty of success or failure that currently correlates with any social, economic, or cultural factors, including race, identify and end unequitable practices, and create inclusive environments for both adults and children" (Jacobson, 2019, p. 13). In November, Dundee Community Schools and Ann Arbor Public Schools hosted national site visits by the AASA Early Learning Cohort, highlighting great practices in Early Learning. Dr. Jeanice Swift, superintendent of Ann Arbor Public Schools, and Ms. Dawn Linden, assistant superintendent from Ann Arbor Public Schools, were exceptional advocates and leaders during these visits, displaying how they are making differences for their youngest learners. Dundee Community Schools shared ly Childhood Student Success." We worked collaboratively with the NAEYC to have this poster commissioned. If you are interested in learning more about these exciting programs. please be sure to connect with these districts and individuals named.

Educating the whole child goes beyond what we currently consider to be our educational systems. We must embrace new practices, new policies, and new ways to engage our families before the State of Michigan officially counts any children as pupils in our systems. We must not allow a child's zip code to define their educational opportunities. It is time to expand those horizons and make the best choices as educational leaders to redefine our districts as trusted partners with the families that we serve every day. Please join me in making this your New Year's Resolution and begin redefining your district's goals about how you engage families and their children. When asked what success looks like when you engage the whole child, you can confidentley say you are makpointed out, we must work as a community to ing differences for the youngest children and their families in your care. It will allow you the chance to amplify the voices of those you serve and give them the best possible start possible in making early learning matter most.

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About



Edward Manuszak, Ed.S Superintendent Dundee Community Schools and AASA Early Learning Cohort

Learn more about this topic by attending Mr. Manuszak's presentation at the Midwinter Conference on Wednesday, January 22, 2020.

MICHIGAN MERIT CURRICULUM HOWWE GOT HERE

By Peter Spadafore and Athena Antonis

f you're reading this article, you probably know that the Michigan Legislature is debating a major revision to high school graduation requirements in our state. The outcome is yet to be determined, but we figured now is a good time to look back on the history of the 14-year-old law.

Michigan's last big foray into high school graduation requirements was in 2006 under Gov. Jennifer Granholm. On April 20, 2006, she signed into law the Michigan Merit Curriculum, which the Michigan Department of Education called, "one of the most comprehensive sets of high school graduation requirements in the nation," (Michigan Department of Education, 2010). Prior to this change, Michigan had only one requirement for graduation – one semester of civics. While this policy gave local districts broad discretion in setting graduation requirements, some legislators and educators felt the mandate didn't prepare all young Michiganders for success in college.

The 2006 changes were a product of a broad coalition of education organizations including MASA, business leaders, teachers' unions, the state board of education, the governor's office, and a bipartisan group of legislators. Representatives from these groups got to work researching best practices and requirements from Singapore, Indiana, Oregon, and Arkansas to create a package of bipartisan and bicameral bills, which schools have been working to implement ever since. This legislation required Michigan students to take four English courses, four math courses, three science courses, three social studies courses, one visual/performing arts course, one physical education course, an "online learning experience," two world languages courses, and

whatever else the local district decided was necessary to fulfill the requirements of a diploma.

At the time, there were many concerns that there weren't enough qualified teachers or that the changes would be too drastic for some districts to implement.

In 2010, 79% of schools surveyed had to make changes to course offerings to implement the Michigan Merit Curriculum (The Center for Local, State, and Urban Policy, 2010). Additionally, 48% of schools surveyed reported that teachers had "some or extensive difficulty aligning their courses to state standards" and 55% of schools surveyed reported that students were "poorly prepared, upon entering high school, to meet the demands of the new curriculum" (The Center for Local, State, and Urban Policy, 2010).

But the news at implementation wasn't all bad. Data from the previously cited report indicates that "86 percent of schools surveyed reported that more students were taking challenging courses as a result of the new state standard."

During the last several legislative sessions, bills were signed into law to slightly change the way the MMC works. The requirements were amended in 2008 by Senate Bill 834 to allow financial literacy; a math support course; pre-algebra; or another mathematics course approved by the board of the school district or charter school to count toward the math requirement. The bill also allowed a student to complete algebra II over two years with a credit awarded for each of those years (House Fiscal Agency, 2008).

In 2014, House Bills 4465 and 4466 were signed into law to change, among other things, what counts as a foreign language and when a student can gain credit for those courses (House Fiscal Agency, 2013). The bill also allowed students to take foreign language courses at any point in their K-12 career and granted students the ability to satisfy part of the foreign language requirement through CTE if they were to graduate between 2015 and 2021. The bills further altered the details of how to use CTE courses to satisfy the algebra II requirement, social studies, and physical education. HB 4390 was signed into law in 2015, allowing a student to use "personal economics" to satisfy the half-credit economics course (House Fiscal Agency, 2015). Finally, the bills made changes to science requirements and rules governing the personal curriculum.

In 2017, the Senate Education Committee formed a subcommittee to examine the MMC. After months of hearings and hours of testimony, the subcommittee concluded that no changes were necessary to the standards and we all moved on. One change was signed into law in 2018 – Senate Bill 175, which extends the time period in which students could satisfy part of the foreign language requirement with CTE courses through 2024 (Senate Fiscal Agency, 2018).

This history does not include any of the other bills that were debated but never got signed into law – of which there are far too many to list in this article. Meanwhile, educators have worked year-after-year to implement the changes as they come to ensure compliance with the latest version of MCL 380.1278a and 380.1278b.

Continued on page 20



The MMC originally was designed to ensure students would receive an education that would empower them to compete in a 21st Century economy, which at the time meant college-ready. At the time, many business groups, especially large corporations, backed the original law because they were beginning to see the talent shortfalls which still exist today. More recently, some of Michigan's trades and manufacturing leaders have begun to decry a different talent dearth, noting that the potential candidate pool for their industries has dwindled, inferring that a focus on college readiness is to blame and the MMC the culprit. This argument is a bit specious as it ignores the trends of increasing CTE enrollment and offercus from both camps on job preparation rather than viewing K-12 education as an educational tions after graduation.

bate is driving a growing understanding that, many forms - from trade-school to four-year college and beyond. And that our graduation requirements need to not only be rigorous, but goals.

"No solution will be perfect, but MASA and its members are committed to sound policy and educating every child to their full potential."

Lawmakers are once again looking at ways tial ings. But most troubling is the continued fo- to change the merit curriculum. Since this article went to print, several bills may have moved out of the House to slightly change the foundation designed to provide students op- requirements, and another may have moved out of the Senate to drastically alter the law. MASA has worked closely with lawmakers and Fortunately, there is a silver lining. This de- our members during the past few months to gather input on the challenges and strengths while the need for post-secondary education of the MMC to truly evaluate the policy. It's has increased rather than lessened, it can take not often that lawmakers get the chance to reflect on the strengths and weaknesses of a law that's passed. Many lawmakers pass a bill, are term-limited out, and then never look back. responsive to students' individual needs and In 2020, the time is right for our state to take

a comprehensive look at the Michigan Merit Curriculum and work to align graduation requirements with the implemented state standards. We have an opportunity to put forward a solution that incorporates the feedback of those doing the work (teachers, superintendents, principals, paraprofessionals, counselors), the voice of parents and students affected by the law and the lessons we've learned and the data we've gathered in the intervening 14

No solution will be perfect, but MASA and its members are committed to sound policy and educating every child to their full poten-

SERVING ALL MEMBERS

By Chris Wigent



As a member-driven association, MASA seeks not only to represent superintendents across the state but also to support and grow the profession. This year we have expanded our programming to serve under-represented groups within the membership by offering and/or expanding three programs that provide participants with the opportunity to learn and network. We look forward to continuing to extend support to these networks, which have gotten off to a strong start.

African-American Leadership Fellows Academy

In the State of Michigan, approximately 5% of superintendents are African-American. There is a great deal of research that indicates students not only need to see educators that look like them in their school but that they also learn better from those who do. It was with this in mind that MASA and the Michigan Association of Secondary School Principals (MASSP) endeavored into a partnership aimed at creating a program that supports African-American building and central office leaders that are considering becoming a superintendent. This October, the inaugural cohort of the African-American Leadership Fellows Academy (AAFLA) began with 19 participants.

Planning for the AAFLA program began with a series of meetings with MASA members who are also members of the Michigan African-American Superintendents Association. Leaders from this group provided insights about the difficulties African-American leaders encounter in terms of seeking superintendent positions, as well as the unique challenges faced while on the job. Collaboratively, we developed a program that would capitalize on the high-quality Horizon program that MASA currently offers for aspiring superintendents by adding evening and wrap-around activities to address the specific needs of African-Americans. Finding the right person to lead the work of this group was essential, and we were extremely pleased when Dr. Sue Carnell, a former superintendent and former president of MASA, agreed to lead and champion the program with Dr. Tina Kerr from MASA. We were also grateful when the Skillman Foundation granted the AAFLA program with funding.

Throughout the year, AALFA cohort members have begun to form strong relationships with each other and with leaders from around the state who have come to speak with the group. As an AALFA participant, Nina Davis, principal at L'anse Creuse Middle School East in Macomb County, shared, "I am ecstatic about the opportunity to not only learn but network and interact with other African-American leaders from across the state. The content taught in the program allows us to learn about our styles as leaders and specific issues we face as minority leaders in Michigan." At the conclusion of this pilot cohort, MASA and MASSP will evaluate the impact and success of the program to determine the next steps.

Women in Leadership Network

Since joining the MASA staff, Dr. Tina Kerr has provided opportunities to support and bring female superintendents together. Initial efforts were pre-conference sessions at the MASA conference that expanded into a two-day Women in Leadership Network event. The two-day conference has grown tremendously over the three years it has been offered, with only 16 attendees in year one to 116 attendees in year three. The leaders participating in these programs expressed a desire to expand the network aspect and to include teacher leaders and building-level administrators in future events. In November, we hosted a Women in Leadership Drive-In event in partnership with MASSP, which accomplished these goals. To grow this program in the future, MASA looks forward to recruiting additional association partners that will bring aspiring and practicing female leaders together.

Small District Superintendents

The title of "Super-Principal" is common for those who serve in the role of superintendent in small districts. This unique dual leadership role was the impetus for the "Other Duties as Assigned" conference, which brought together superintendents, many of whom also have the title of principal, from districts serving fewer than 1,000 students around the state. A follow-up survey of attendees provided the following direction moving forward: make this an annual event, provide Zoom webinar opportunities, create a listsery to allow this group to collaborate and communicate yearround and consider the formation of a rural superintendents group connected to MASA.

The creation and expansion of these programs have been a capacity challenge for MASA, but the rewarding positive feedback made all the effort worthwhile. As an association, we will continue to dedicate staff time to member benefits and the development of networks and resources that benefit the full membership as well as those who need targeted supports.

Learn more about these programs at gomasa.org/Leadership

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Contact Us



Peter Spadafore Associate Executive Director Advocacy & Communications



Athena Antonis Government Relations & Policy Associate

For questions, comments, or government relations assistance, contact Peter Spadafore at pspadafore@gomasa.org.

INTEGRATING HEALTH & WELLNESS INTO SCHOOL INNPROVENNENT PLANS

ADDRESSING THE QUESTIONS OF WHY? AND HOW?



WHY IS STUDENT HEALTH AND WELLNESS IMPORTANT TO MEETING THE GOALS OF INCREASING ACADEMIC ACHIEVEMENT?

This article is Section II of the report, "A Guide for Incorporating Health & Wellness into School Improvement Plans" from the National Association of Chronic Disease Directors. This publication was supported by the Cooperative Agreement Number 5U380T000225-3 funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services. 2016

ach day, millions of students enter school buildings across the U.S. to learn. Schools focus intensely on achieving this goal, emphasizing the importance of high-quality instruction and ongoing evaluation in order to strengthen academic achievement for all students. In their strong focus on core academics, many schools overlook the important role that health and wellness play in student achievement.

Health matters to academic achievement. Research supports the important connection between health and learning, showing that health-related barriers limit students' ability and motivation to learn, and that improving access to health foods and physical activities in particular can positively influence the health of students and improve academic achievement. The Whole School, Whole Community, Whole Child (WSCC) Model, as described in the introduction, promotes a collaborative approach to learning and health, taking into account the needs of the whole child. Six of the WSCC components clearly address the health needs of students (physical education and physical activity; nutrition environment and services; health education; health services; counseling, psychological, and social services; and employee wellness) while four are cross-cutting and help to support healthy behavior in students (social and emotional school climate, physical environment, family engagement, and community involvement). Research supports the ability of WSCC's six health-related components to impact educational outcomes, and notes that the others are essential to support healthy behaviors among students.

Read the full guide and learn more by visiting gomasa.org/wellness

Schools that incorporate student health and wellness as a priority often see positive benefits in various areas including improved attendance and classroom behavior, improved cognitive performance (i.e., concentration, attention), better educational outcomes including overall test scores and grades, graduation rates, and fewer behavioral problems. Because of this, many education leaders recognize the importance of approaching school improvement with a broadened lens.

School improvement plans (SIPs) provide a key opportunity to consider the needs of the whole child when developing plans for strengthening student academic achievement. When health and wellness are incorporated into a SIP, whether as a goal, strategy or as a part of supporting activities, they become part of the foundation of a district and/or school rather than an add-on or extra task. They are measured and tracked as part of a school's accountability system, and part of a systemic and cyclical process of review.

The purpose of this section is to provide answers to the practical questions of how schools can begin to incorporate health and wellness into SIPs. The good news is it is not only possible, but is already being done in many schools across the country. Schools and their leaders are seeing the benefits of integrating health and wellness into SIPs. In Tennessee, 72% of schools include health goals in their School Improvement Plans and their Tennessee Comprehensive System-wide Planning Process plans. In addition, data from the School Health Profiles (2014) indicates that secondary schools across states are including health-related objectives in school improvement plans. Specifically, the median percentage of schools that include physical activity in SIPs is 23.3%; 28.6% include mental health and social services; and



57.5% include healthy and safe environments. There is great variability across states, however. For example, 79% of secondary schools in Arkansas have incorporated physical activity objectives into SIPs, compared to 13% in Nevada. For foods and beverages available outside of the school meals program, 8% of secondary schools in Washington have included related objectives in the SIP, compared to 62%

Section III of this guide provides a number of examples and approaches from various schools around the country. What is evident from these examples is that there is no single "right" way to approach it. Like with anything else, each district and school improvement planning team needs to use health and wellness data, along with their insights and knowledge of the school culture, climate and community to drive decisions and strategies.

Read the full guide and learn more about these steps by visiting gomasa.org/wellness

How to Get Started?

Schools that are interested in integrating the needs of the whole child and incorporating student health and wellness into school improvement planning can begin by following the important steps outlined below.

- 1. Take a look at the school improvement team. Who is at the table? Who isn't but need to be, based on the WSCC
- 2. Include health and wellness-related data in the improvement planning assessment process to ensure a more complete picture of students' needs.
- 3. When analyzing data, identifying trends and prioritizing challenges, keep root causes in mind.
- 4. Identify strategies for addressing challenges, taking into consideration health and wellness-related strategies that support goals to strengthen the learning environment and increase academic achievement.

Alan Grant hang out in the lounge! Y Tax El Comme

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CARING FOR THE WHOLE CHILD, **ACADEMICALLY, SOCIALLY, AND EMOTIONALLY**

By Dr. Robert Shaner

t its core, education is an enterprise of hope and inspiration. Immense pride comes from knowing that our children's success is, to a large degree, the result of learning from a team of highly skilled, caring professionals who build strong relationships and make that individual connection with students, parents, and the community. These trusted relationships play an important role in our children's well-being.

riculum includes wellness programs to assist support student growth.

Nevertheless, our district, like so many others the district. across the country, has not been immune to tragedy. Recent suicides, drug-related deaths of former students, and growing accounts of student term goals. anxiety and depression have impacted the entire community. As each story has unfolded, hearts have grown heavier.

inspiration can be unrecognizable.

In early 2019, we knew it was time to make a formal commitment — a promise to our community — to care for the whole child, academically, socially, and emotionally.

In February, we formed a task force to evaluate the types of programs currently in place, study wellness and resilience. Cultivating a community and socially and emotionally balanced citizens. of acceptance to remove the stigma of asking for and getting help would be critical to our success.

pals whose buildings had been particularly hard hit by recent tragedies. The team proceeded with great care and thoughtful consideration to ensure the work would be sustainable and systemic.

To better understand varying perspectives regarding the challenges facing our youth, the task force hosted a roundtable discussion with congressional, judicial, and law enforcement appointees, regional celebrities, medical professionals, academic experts, students, and families.



Then, after attending educational meetings and researching programs that support sis from the conversation is that all stakeholders Rochester Community Schools' robust cur- social-emotional learning (SEL), the task force need to understand that this work is unlike curricrecommended extending an invitation to subject- ular or instructional change. It is a mindset shift, students with making informed decisions about matter expert and author, Shenandoah Chefalo, a systemic district focus, not a series of events. their health; and our vast partnerships provide to keynote a staff professional development. It will require an ongoing process, not a timeadditional awareness, training, and resources that session. Shenandoah connected the task force to bound solution. the Center for Trauma Resilient Communities to lead the type of systemic change needed within

The task force established short- and long-

work requires intentional, ongoing steps; focusing on social and emotional safety throughout Framework, in which we have developed a cul-In times of tragedy, those pillars of hope and the district; reflecting on our lens for trauma; ture that ensures consistency in the delivery of training administrators and developing a common language for SEL work; developing plans coherence includes diversity, equity, and incluto increase teacher capacity through professional sion. Both initiatives are based on the fundamenlearning; creating a communication plan.

ma and making open mental health discussion a ory in that the process is fluid. The parts are connorm; engraining universal precautions; ensuring tinuously transforming, and we have to anticipate everyone in the district will be capable of provid- that the results may not be what we initially set organizational best practices, and create and exeing social-emotional support; and creating culturout to accomplish. cute a plan to promote positive social-emotional ally proficient, highly educated, globally aware,

teachers and administrators. Administrators then students, families, staff, and the community will The initial task force consisted of three princispent two days in December to dive deeper and help guide us through our journey so we can discuss our role in changing the trajectory for stu- expand our resources to care for the whole child. dents in need of support.

> As educators, we immediately wanted to take action to help our students. But during the exercises, we learned that we have to care for ourselves before we can help others. Someone can only give what they are overflowing. Only then will we be in a position to assist our students.

Perhaps the most important point of empha-

When implemented well, social-emotional work will not require additional tasks. It will become a way of life.

Early on in our journey, we realized that our social-emotional wellness efforts directly aligned Short-term goals included: recognizing this with our journey towards cultural proficiency, modeled after Michael Fullan's Coherence programming and instructional practices. That tal belief that all members of our community will be safe, valued, and respected. Additionally, both Long-term goals included: removing the stig- fields of study are inspired by the complexity the-

One thing is certain. As we move forward, partnerships will continue to be key to our Training continued in November with all success. Our increased collaboration with



Robert Shaner, Ph.D. Superintendent, Rochester Community Schools 2020 Michigan Superintendent of the Year

REGION NEWS

REGION 1

Members of Region 1 are hard at work in districts across the Upper Peninsula. As U.P. superintendents, many members lead districts that are geographically large, but not densely populated. This means that superintendents across the peninsula were happy that the governor and the legislature finally worked out a deal that freed up money for small and isolated districts as those dollars represent meaningful percentages of their budgets.

This summer, members had a lively presentation on the importance of school culture and social and emotional learning. Many districts and ISDs have picked up from there and are doing work to help make schools the safest places they can be, especially for kids who have had any level of trauma in their lives. We all know that there are too many kids who fit that description.

At an autumn region meeting, members agreed to support efforts regarding the NWEA exam as a potential growth measure.

This fall found districts having to close schools due to weather even earlier and more often than usual for them. Many Region 1 members will spend the winter hoping for more temperate conditions and looking forward to spring (which you call "June").

REGION 2

MASA Region 2 has had excellent attendance at the first three meetings for the 2019-20 school year. In October, the region heard from Peter Spadafore, MASA Associate Director, on the status of the 2019 budget supplemental and other important legislative issues facing our school districts.

In November, Dr. Terry Nugent from MDE visited the region to talk about the new Continuous Improvement Process (MI-CIP), which will be taking the place of their current school improvement process and the Assist online platform. Region members were excited to learn how MDE is looking at this from more of a district planning process, and to hear that MDE is trying to streamline the process by pre-populating data that can be loaded directly into the consolidated application.

REGION 3

More than 200 school leaders and business partners came together for the West Michigan Career Readiness Conference in Grand Rapids in December to celebrate these practices and to learn from one another.

At the start of the year, superintendents throughout Region 3 completed a survey on professional development. They shared the topics they would like to learn about throughout the year, including: trauma-informed decision making, best practices in instructional leadership, finance-focused PD, the implementation of innovative practices, and growing our understanding of diversity, equity, and inclusion practices.

Superintendents and districts throughout Region 3 are focusing on the following topics: The development of trauma-informed practices while supporting social-emotional learning as a trauma-sensitive practice; leading with an equity lens to address disproportionality in outcomes for students of color and students in poverty; linking positive behavior support systems with mental health interventions, and career readiness and preparation work.

Schools throughout the region are implementing tools such as Skills4Success (S4S), Project-Based Learning (PBL), The Creative Sequence, and work-based learning academies.

REGION 4

Region 4 members kicked off the year by gathering together for the annual Great Lakes Loons game in late August. The game has become a popular event that allows everyone to have some great dialogue and catch up again before the start of another school year.

At meetings throughout the year, members have reviewed the impact of the budget, which was harmful to several rural schools, and reviewed other legislative proposals. The November meeting featured guest presenters, Josh Williams and Kyle Clement from Williams and Co., who spoke about superintendent contracts and NSI. MASA Executive Director Chris Wigent also attended and presented about the upcoming search for the next MASA Executive Director, MASA services, including the reviewing of superintendent contracts, and language to include in every contract. In December, the group focused on shared services and proposed changes to the Michigan Merit Curriculum and had a roundtable conversation about what is working in contract negotiations with staff.

REGION 5

The Reading Now Network (RNN) collaborative that started in Region 3 has become a catalyst for the literacy focus that is taking shape in Region 5. Four years ago, superintendents from Region 5 committed to connecting to the literacy work that was taking place in Region 3 and formally joined the RNN in 2018. Since then, the region has used the network's established framework in individual districts.

As a region, members used reading data to identify positive outliers and visited districts, buildings, and classrooms to determine what best practices exist systemically and in individual classrooms that could be implemented across our region. Members also established an outstanding literacy leadership team to provide professional development at each region meeting over the last two years, with a focus on the Essential Practices in Early and Elementary Literacy, primarily, the Essential School-Wide and Center-Wide Practices.

Finally, thanks to the generosity of sponsors that have covered the costs of many region meetings, members built a fund that will donate \$1000 to a district in the region to enhance their focused work on literacy.

REGION 6

In November, Region 6 heard from Brandy Johnson, a member of Gov. Whitmer's Executive Policy Office, provided an update on the governor's K-12 education policy initiatives for the upcoming year and also provided an update on the progress of the supplemental budget.

In February, Nancy Colflesh, Ph.D., will provide a professional growth opportunity for Region 6 superintendents titled, "Accountability & Support for Leaders of Learning: What Is a Superintendent To Do?" This session will provide superintendents with practical strategies and protocols for principal meetings and professional learning sessions, and resources for holding their principals accountable as leaders of learning while also giving them the support they need. There will be an emphasis on learning from literature, our own experiences, and the presenter's expertise, examples, modeling of strategies, practical handouts, and straight-forward responses to questions.

Lisa Swem from Thrun Law will attend the March meeting to provide a school law update.

REGION 7

Region 7 welcomed 10 new superintendents this year. New superintendents were encouraged to engage with MASA and the membership benefits provided.

Region 7 members welcomed several guests to meetings this Fall, including Doug Greer and Kyle Mayer who shared information about the Reading Now Network and tools that superintendents can use to support literacy efforts; Diane Talo of St. Joseph ISD; Author Debbie McFalone; Dean Ming Li from Western Michigan University's College of Education and Human Development, and MASA Executive Director Chris Wigent.

The region looks forward to working collaboratively with the WMU as they seek solutions to the educator shortage issue.

In 2020, Region 7 members will hear from the following: Beth Washington on the importance of a mindset that is supportive of diversity and inclusion; MASA's Peter Spadafore with a legislative update; and Dr. Michael Rice will share reflections on his new position and the important work he is doing at MDE at the April meeting.

REGION 8

This fall, Region 8 welcomed Dr. Nancy Colflesh as a guest speaker. She clarified what it means for principals to be Leaders of Learning and ways that superintendents can support their work. Region 8 superintendents enjoyed this interactive session and learned from Nancy and each other. They will continue their professional learning with leadership coach David Hulings in February.

Additionally, Eddie Manuszak, Dundee superintendent, is collaborating with AASA in the formation of an Early Learning Cohort, focusing on the importance Early Childhood Education (birth-age 8). The AASA Early Learning Cohort met in Michigan Nov. 6-8, 2019, at Dundee Community Schools and Ann Arbor Public Schools. This national initiative brings together superintendents, central office administration, building principals, and other dedicated professionals to address best practices, discuss current research, and advocate for early childhood education. The team will meet again on Wednesday, Feb. 12, 2020, in San Diego, Calif. The next official national cohort meeting will be in Clark County, Nev., March 25-27, 2020. Those interested in joining the cohort can find more information here: https://www.aasa.org/early-learn-cohort.aspx

REGION 9/10

Members of Regions 9/10 have collectively worked to be vocal advocates for the needs of their schools, their teachers, and their students. Members have continued to be leaders in the discussions over a new school funding formula based on the work of the School Finance Research Collaborative and have pushed back against attempts to further divert money out of our state's School Aid Fund.

The annual policy conference hosted by the Tri-County Alliance for Public Education focused on engaging region members on what is happening in Lansing and how they can use our positions to change the debate happening there for the better. Members heard updates from legislative leadership, enjoyed a panel discussion with members of the Capitol media, and were fortunate enough to have Gov. Whitmer provide a keynote address that included signing a bill into law while on stage, updating school snow day policies.

SHARE YOUR NEWS

Do you have news or information to share from your region? Please contact Haley Jones at hjones@gomasa.org.



SOCIAL-EMOTIONAL LEARNING CRITICAL TO STUDENTS' FUTURES

By Steve Yauch, Rebecca Simmons, and Ebony Lofton

ocial-emotional learning. It has a fancy acronym (SEL), a somewhat abstract operational definition. and we have been repeatedly assured that it is critically important to our students' future and the future of education in general. No wonder that some critics dismiss it as merely the latest edu-

But the reality is, social-emotional learning has been a topic of research for decades. And it has a correspondingly strong body of evidence to support the claim that it is critically important to our students' future and our broader educational mission.

What is SEL & Why Does It Matter?

The Collaborative for Academic, Social, and Emotional Learning (CASEL) was formed at a 1994 meeting of the Fetzer Institute – the same meeting where the term "social-emotional learning" was first coined. In those early discussions, according to Elbertson, Brackett, & Weissberg (2010), "SEL described a framework for providing opportunities for young people to acquire the skills necessary for attaining and maintaining personal well-being and positive relationships across the lifespan" (p.1017). As more and more targeted school programs and interventions were being created and marketed directly to schools, the urgency at that time came from the need to build a broader framework that could assess, organize, and support a range of youth development programming. The researchers and educators at the meeting recognized a critical need to help schools to identify effective programming options and to align them to broader competencies (Elbertson, Brackett, & Weissberg, 2010).

emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions" (2019). They have identified the four primary competencies of SEL as self-awareness, self-management, social awareness, relationship skills, and responsible decision making (CASEL, 2019).

as "life skills," "soft skills," or "non-cognitive skills." As we look ahead to an economic and employment landscape that is (and will continue to be) drastically re-shaped by advancing technologies and socioeconomic trends. experts outside the education field have begun to recognize that these SEL skillsets are mission-critical for a successful 21st Century workforce. Thus, when schools and districts focus on graduating career-ready students, that criteria now explicitly includes a strong background in the SEL competencies alongside the cognitive skills required for STEM fields such as mathematics or computer sci-

In the 2018 Future of Jobs Report, the World Economic Forum concluded, "proficiency in new technologies is only one part of the 2022 skills equation, however, as 'human' skills such as creativity, originality and initiative, critical thinking, persuasion, and negotiation will likewise retain or increase their value, as will attention to detail, resilience, flexibility, and complex problem-solving. Emotional intelligence, leadership, and social influence, as well as service orientation, also

Today, according to CASEL, "social and see an outsized increase in demand relative to their current prominence" (p.ix). Professor David J. Demming, an economist and professor at the Harvard Kennedy School, has published extensive research on the importance of these skills in the current and future labor market. His research has been summarized in the New York Times and other outlets with catchy headlines like, "Why What You Learned in Preschool Is Crucial at Work." His 2017 research summary for the National Bureau of Economic Research declared, "we are not witnessing an end to the importance Colloquially, we sometimes refer to these of cognitive skills — rather, strong cognitive skills are increasingly a necessary — but not a sufficient — condition for obtaining a good, high-paying job. You also need to have social skills...Employment and wage growth have been especially strong for professional jobs that require both analytical and social skills. In today's economy, workers must be able to solve complex problems in fluid, rapidly changing, team-based settings." After all, Professor Demming notes, the intricacies and fluctuations of social interaction is one area which technology has not rendered obsolete.

> "There is a growing body of research about best practices as SEL programs like "Leader in Me" continue to positively impact school communities and student/staff outcomes."

Heckman, Stixrud, & Urzua (2006) attempted to quantify the impact of non-cognitive abilities on economic and socioeconomic success. They concluded that, "A low dimensional model of cognitive and noncognitive abilities explains a diverse array of outcomes. It explains correlated [adolescent] risky behaviors among youth. Noncognitive ability affects the acquisition of skills, productivity in the market and a variety of behaviors" (p.28). Additionally, while there is existing research on the role that cognitive ability plays in a student's decision not to pursue further education - even when there is a financial incentive to do so – the authors identified motivation, persistence, and self-esteem as non-cognitive factors that also play "a substantial role" in that decision (p.28).

What's the major takeaway from all this?

For every school or district with a strategic plan that identifies career/higher education readiness as a central pillar, social-emotional learning must be central to your efforts to meet those goals. But it's not merely about the long game. There are immediate benefits to a strong school-based SEL intervention, which we see every day in our "Leader in Me" schools and districts.

Taylor, Oberle, Durlak, & Weissberg (2017) note that "there is also a substantial research base indicating that school-based SEL interventions have been effective in promoting targeted social and emotional competencies, which results in both enhanced social and academic adjustment and reduced levels of conduct problems and emotional distress" (p.2). Their meta-analysis of 97,406 K-12 students involved in 82 SEL programs also identified long-term benefits of participation in a school-based SEL intervention, the positive effects of which persisted years after the program ended in many cases. They examined seven outcome areas: SEL skills, attitudes, positive social behavior, academic performance, conduct problems, emotional distress, and drug use. Their data showed a connection between the attainment of social-emotional skills and those positive effects across these seven outcomes. Their analysis also revealed that it was those SEL skills that were predictors of the long-term follow-up success where the more general positive attitude was not. Ultimately, they concluded that "postintervention social-emotional skill development was the strongest predictor of well-being at follow-up" (p.1).

How do you do SEL?

With all due respect to the headline writers at the New York Times, they got it wrong. SEL interventions and curriculum might begin in preschool, but it certainly doesn't end there. True to that early vision from the 1994 Fetzer Institute meeting, a good SEL program sits underneath and around everything a school (and school community) does. There is a growing body of research about best practices as SEL programs like "Leader in Me" continue to positively impact school communities and student/staff outcomes.

CASEL's website notes that while there are many approaches a school can take, "a systemic approach to SEL intentionally cultivates a caring, participatory, and equitable learning environment and evidence-based practices that actively involve all students in their social, emotional, and academic growth. This approach infuses social and emotional learning into every part of students' daily lives — across all of their classrooms, during all times of the school day, and when they are in their homes and communities" (2019). A strong school-based SEL is one that is implemented throughout all grades and learning environments, from their homeroom to the playground, into after-school activities and their home life.

Taylor, Oberle, Durlak, & Weissberg (2017) found that the positive effects from school-based SEL programs were present across the demographic groups in their study, including race, socioeconomic status, and the 38 sites that were international. However, they cautioned against interpreting this as support for a "one-size-fits-all" model for SEL, saying "it is critical that program developers and researchers examine strategies to design and implement interventions in culturally competent ways" (p.11). This was in addition to their findings showing a drop in positive outcomes when educators did not receive sufficient support to implement the SEL interventions and adapt them appropriately. These are important components to ensuring an SEL solution succeeds and delivers the results administrators, staff, parents, and students are hoping for.

The recommendations above, of course, are just the tip of the iceberg when it comes to selecting an SEL program that fits your educational setting and needs. But what is hopefully very clear at this point is the critical need and incredible value that comes from a strong, evidence-backed, school-based SEL program. FranklinCovey Education and "Leader in Me" have a long history in this area and we will be presenting a breakout session called "7 Lessons in Building a SEL Environment for the Whole Child" at the MASA 2020 Midwinter Conference with Dr. Gary Niehaus, Superintendent of Grosse Pointe Public Schools. We hope you will join us there!

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About



Steve Yauch Senior Client Partner FranklinCovey Education



Rebecca Simmons Client Partner FranklinCovey Education



Ebony Lofton Client Partner FranklinCovey Education

REWARDING STAFF FOR **CULTURAL PROFICIENCY**

By John Deiter and Ken Dirkin



students, we strive to foster growth mindsets and master important competencies in our classrooms. But when it comes to our own professional development, we so often accept "sit and get" learning sessions that are often hard to incentivize participation. Is there a way school districts can incentivize mastery of complex concepts that will affect change in the classroom?

At Dewitt Public Schools, we believe that we can do better, and that, by working together, we can motivate a paradigm shift across the district by incentivizing competency-based professional development in the area of cultural proficiency.

With the advent of microcredentialing — a digital badging system that offers an alternative to the SCECH model — we believe that we can define positive outcomes for our staff and students by rewarding the recognition of skills gained towards goals that our district cares about deeply.

Problem to Solve

The salary schedule in the master agreement for DeWitt Public Schools allows teachers to receive additional compensation for earning credits for courses beyond the bachelor's degree and master's degree levels. Recently, many teachers in DeWitt have been completing online courses through providers, such as Learner's Edge. Teachers can earn up to three credits per course, which leads to a salary increase when they complete 35 credits beyond their bachelor's degree or 30 credits beyond their master's degree.

The salary incentive is there to encourage in-service teachers to keep learning to expand their knowledge so they can continue to improve their practice. We have seen a positive impact in the classrooms from our teachers completing these classes. The downside is that teachers do not get a reward until they have completed at least 10 courses, and more importantly, the learning does not always align

"Microcredentials are a relatively new concept in education. They are a form of micro-certification — typically symbolically represented as a digital badge — that operate as a stamp of approval for mastery of a particular skill."

with our district priorities and our school improvement initiatives. For example, cultural for our trainers, but we plan to open it up to proficiency has been a significant initiative in all staff if the pilot goes well. Eventually, we our district for the past three years, but there would like to offer microcredentials for other are few, if any, classes in this area on the pop- initiatives such as co-teaching and projectular platforms like Learner's Edge.

What is competency-based PD?

It is a model for professional development tors are evaluated based on their ability to do particular skill. the work, rather than being evaluated based on mere exposure to a particular concept.

unique to the needs of the learner. Wherever skill related to their practice — for instance, you are in your understanding of a particu- checking for student understanding — and lar topic, a competency-based course should collect the evidence — such as classroom encourage you to pick up where you left off videos or student work — to demonstrate and move toward mastery and the practical ability in that specific skill. application of skills.

your efforts to incorporate this skill into your districts from legal issues.

Who benefits from our program?

are using a train-the-trainer model to build already learned. capacity around cultural proficiency in DeWitt Public Schools. Several teachers have volunteered to receive extensive training from a highly skilled trainer/consultant and then take the learning back to their colleagues.

the knowledge that has been acquired by our trainers or the amount of time that they have volunteered. We feel that microcredentials are a way to allow teachers to demonstrate effort. This incentive is available regardless of petency. their "lane" or educational level on the salary scale.

The microcredential is currently available based learning.

What are microcredentials?

Microcredentials are a relatively new that rewards learners for providing evidence concept in education. They are a form of of competency in a particular skill, rather than micro-certification — typically symbolically rewarding participants for their attendance at represented as a digital badge — that opera particular session. Under this model, educa- ate as a stamp of approval for mastery of a

Microcredentials follow the paradigm of competency-based professional learning by This is a personalized approach to PD, allowing educators to focus on a discrete

For example, one of MASA's microcreden-For example, If you chose to take a comtials focuses on the skills district administrapetency-based PD course on using wait time tors need to craft effective and legally sound in the classroom, rather than sitting through communication plans. This course was devela lecture on effective wait time practices, you oped to meet a pressing need from adminiswould be provided with relevant resources trators — the need to develop the practical and then asked to demonstrate evidence of skills necessary to support and defend their

Following a competency-based model of professional development, if you are already In the 2019-20 school year, we are piloting competent and actively using a particular a microcredential program for our teacher skill, you can demonstrate competency withleaders in diversity, equity, and inclusion. We out spending hours sifting through lessons

Just as SCECHs operate as Michigan's reward system for honoring teachers for the time they spend on their professional development, microcredentials operate as a reward system for honoring educators for the Currently, there is not a way to recognize competencies they have mastered.

Another benefit of these digital badges is that they are shareable, meaning that once educators earn microcredentials, they can their knowledge, and by attaching a financial display their badges on Edmodo, LinkedIn, incentive, it rewards them for their time and or a blog to signal their demonstrated com-

It's also highly motivating for teachers. According to the Friday Institute for Educational Innovation, 97% of respondents to a postcourse survey for one of their microcredential courses indicated interest in pursuing another microcredential in the future.

What is the program in Dewitt?

Dewitt Public Schools is committed to providing training to our staff that makes a difference in their practice and in the classroom. Microcredentials are a tool in our toolbelt that helps our administration to better incentivize proficiency in areas that we strategically care about in our district. Working with teachers, staff, and students, we will continue to build opportunities for everyone to continue to grow in our schools through important initiatives like

To truly maximize the learning for our teachers, we can choose the credentials that we will recognize for additional salary. The next step will be to work with partners such as Michigan Virtual and experts such as Dr. Jay Marks, our diversity, equity, and inclusion consultant to develop our own microcredentials. By targeting areas of importance, we feel we can take our in-services to a higher level by rewarding teachers for their learning.

We look forward to seeing you at our session at the MASA Mid-winter Conference January 22-24 in Detroit. We'll give you an opportunity to connect directly with Ken and me to answer your questions about the opportunities that Dewitt Public Schools are providing our staff with microcredentials. We look forward to the conversation!

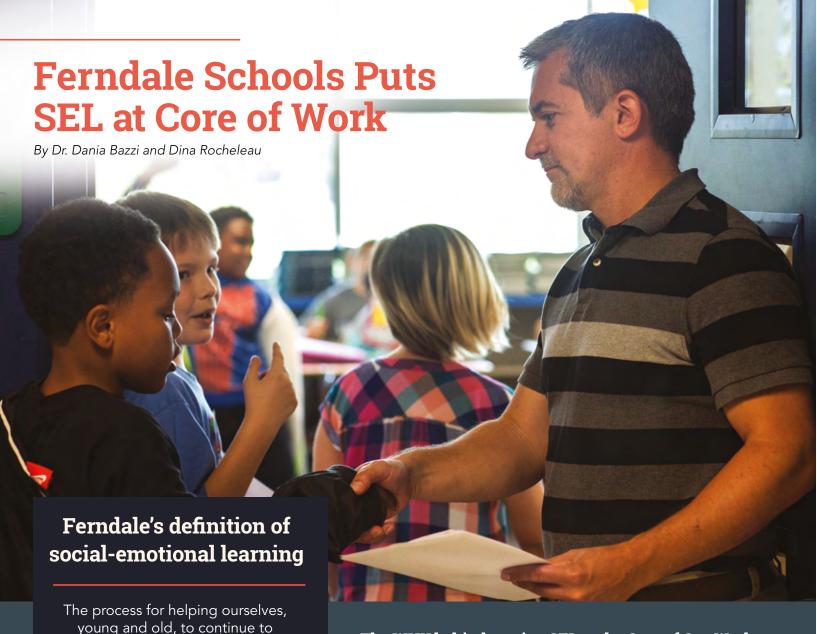
This article cites the MACUL Community article "Microcredentialing & the dawn of competency-based professional development" from July 11, 2019, written by Ken Dirkin.



Dewitt Public Schools



Director of Professional Learning Michigan Virtual



develop the fundamental skills for

life effectiveness. Self-awareness,

self-management, social awareness,

relationship skills, and responsible

decision making.

The WHY behind putting SEL at the Core of Our Work

Our children deserve to be supported in a whole child framework and be afforded dedicated time in a school environment built around acceptance and belonging. The emotional brain works hand in hand with the thinking brain and thrives when who we are is valued, and our contributions matter.

Research shows us that a sense of belonging plays a huge role in learning and protection against stress. Stress interferes with learning, so as adults, how can we be conscious of alleviating stressors for students and teaching students (and ourselves) what to do when life doesn't go our way.

Putting students and relationships first promotes a school culture of equitab-

Our staff deserves the same support, and they deserve to work in a climate that is built on acceptance and belonging. Teacher burnout, stress, and emotions run high as an educator in today's world. If we can focus on the social-e-

tional approach to learn the research and be bold enough to make shifts in our mindset and adjust our practices and policies. This is not an easy task. We have moved into this with a 'Commitment' over the 'Compliance' approach.

For as long as we can remember, we have had practices in place where logic and reasoning lead the process, and emotions were not a key contender in many ways. Now we know that the emotional system, cognition driving attention, memory, decisions, and engagement are all interconnected.

One of the strongest predictors of having a sense of belonging in school is the relationship with a teacher. And belonging is linked to better academic, psychological, and health outcomes. Giving teachers 'permission' to step back, build relationships, and understand the importance of connections will create more teaching time. So let's continue to find ways to take off a neurological load, not only for our students, but our teachers as well by embedding research into our daily practices and living into the understanding that a sense of belonging plays a huge role in learning and protection against stress.

We wrote a title to our presentation for the MASA Midwinter Conference with a hint of sarcasm just to challenge ourselves and others - "Do you have a black and white TV with rabbit ear antennas?" It's true that none of us still use a black and white television with rabbit ear antennas; however, many of us hold onto established practices from way back when. (Anyone remember reading the book, "Sacred Cows Make the Best Burgers" by Robert Kriegel and David Brandt?)

Our presentation at the MASA Midwinter Conference is organized to allow us to have difficult and courageous conversations on how to move daily practice and adult mindsets to focus on the newest research, and support students social-emotional development and the fine line with behavior/discipline practices. Participants will use critical thinking muscles to look at current discipline policies, procedures, and practices to find connections and disconnects in support of neuroscience research.

"One of the strongest predictors of having a sense of belonging in school is the relationship with a teacher."

Why Did We Start?

We had some pockets of excellence in Ferndale, but a fragmented approach from class to class and school to school. If we truly want to support students, you need an intentional, integrated approach to social-emotional and academic development districtwide that embeds essential components aligned to child and brain development. We can't ignore that there are practices in place that fragment a student's executive function. It's time for us to be honest about this and make adult/system changes that promote brain development while looking at practices that may do more harm than good.

We have only just begun

Our district is on the right path by putting SEL at the core of our practices, but we recognize there is so much more to do! This shift in practice has led to more recognition of the importance of relationships, a greater understanding of diverse backgrounds and experiences (not only of our students but also of our staff!), and more honest conversation among school leaders and faculty about what types of adult learning are necessary to continue fostering a true, equitable

As we continue to strengthen our work and teach essential skills to students, our focus on learning about neuroscience, social-emotional learning, trauma-informed practices, equitable educational opportunities, and restorative efforts has made as adults more conscious of our words, actions, and understanding of others, and more aware of the importance of our recognition, understanding, and intentions.

When adults begin to have internal shifts in their thinking and behaviors, the heavy lifting can begin to occur with work around implicit bias, inequities, access, meaningful participation, and other large-scale practices. In time this will lead to true culturally sustaining practices that support each and every student.

One of our favorite sayings is, "cognitive functions are built on emotional platforms." We are proud of the Ferndale School family for putting our beliefs into action and knowing what's best for our students. We'd love to partner with each of you so that we all take courageous steps in moving from a traditional school approach based on logic and reasoning to one where emotion and cognition are at the intersection of all we do.



Dr. Dania Bazzi Superintendent Ferndale Schools



Dina Rocheleau Assistant Superintendent of Instruction Ferndale Schools



le practices for all. As a district, we can help promote conditions that enable all children to build on their unique assets and abilities to reach their full potential

motional supports for staff, they, in turn, can be stronger to support students. For many of us, this is a shift in our way of thinking. We must take an inten-



LEADER 32 LEADER 33



Leadership Academies

Michigan Association of Superintendents & Administrators

The Horizon Leadership Academy is a two-year, MDE-approved program that gives participants the opportunity to earn their Central Office Endorsement and/or Administrator Certificate. These credentials can only be earned through a four-year university or MASA's Horizon program. **Learn more at gomasa.org/horizon**.



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INVEST IN YOUR PROFESSIONAL DEVELOPMENT IN 2020

MASA and its partners are hosting numerous professional development opportunities in the coming year. There's something for everyone!

Check the MASA website for more information.

- New Superintendents Leadership Academy
 January 17, 2020
 9 a.m 3 p.m.
 MELG Building
- MASA Midwinter Pre-Conference + Conference
 January 22-24, 2020
 Detroit Marriott at the Renaissance Center
- AASA National Conference on Education February 13-15, 2020 San Diego, CA
- MASB Winter Institute February 21-22, 2020 Lansing, MI
- Drive-In: Emergency Operation Plans
 March 2, 2020
 Lansing, MI
- MSBO Annual Conference April 21-23, 2020 Amway Grand Plaza Hotel
- Women in Leadership Conference April 30-May 1, 2020 Inn at Bay Harbor, Bay Harbor, MI
- MASA 2020 Fall Conference September 16-18, 2020 Grand Traverse Resort

For more dates and information, visit gomasa.org/calendar.